



Tania Matsuka – Certified climbing instructor  
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[www.climbmediterranean.com](http://www.climbmediterranean.com)

## **BIO SKETCH**

*Date- place of birth: Sep. 9 1982, Limassol, Cyprus  
Gender: Female  
Citizenship: Cypriot*

**Tania Matsuka** is a certified climbing instructor (**French National Diploma**) by the **FFME** and founder of **Climb Mediterranean**. This allows her to guide traditional climbing , multi-pich routes, Via Ferrata and sport climbing all over the world.

*Tania was born in Cyprus and studied Computer Engineering at the University of Patra in Greece. She got her MSc Degree in Image and Signal Processing and Telecommunications from the university of Patras where she discover her passion for rock climbing.*

*In 2010 she moved to Grenoble in France to start her phd, an outsdanting place for climbers surrounded by mountains.*

*Living to France was a great opportunity because she could continue her studies and follow her passion for rock climbing, a few years later she decided to change her career from a computer engineer to a climbing instructor. Since then she has been working outdoors, sharing her passion and love for climbing.*

*After several years of travelling she decided to settle down between Cyprus and the climbing paradise of Kalymnos. A place where she feels home and had been visiting since 2007.*



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*Since 2015 she is a member of the FFME the FRENCH NATIONAL FEDERATION OF MOUNTAINEERING AND CLIMBING and KOMOAAAP the CYPRUS MOUNTAINEERING, SPORT CLIMBING AND ORIENTEERING FEDERATION. She started teaching and guiding on Kalymnos a climbing paradise the Summer of 2015 gaining experience with climbers from all over the world.*

**CLIMBING QUALIFICATIONS:**

**2007:** BEGINNERS COURSE IN CLIMBING. GREEK FEDERATION

**2008:** INTERMEDIATE COURSE IN CLIMBING. GREEK FEDERATION  
(TRAINING IN AID CLIMBING, TRADITIONAL CLIMBING, SPORT CLIMBING, RESCUE METHODS)

**2012-2015:** FIRST CYPRIOT WOMEN TO BE ACCEPTED, TRAINED AND QUALIFIED BY THE **FRENCH NATIONAL CLIMBING SCHOOL** FOR BECOMING ROCK CLIMBING GUIDE. AN INTERNATIONALLY RECOGNIZED ROCK CLIMBING QUALIFICATION.

**Sport climbing:** Hardest route after work 7c Punishment park, Aillefroide France.  
Best on sight 7a+ Island in the sun, Odysee Kalymnos

Several sport and trad multipitch in Europe. (Verdon, Ordessa, Teradets, Vercors e.t.c)



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